

Smoking Cessation Protocol

Patient/Client Information & Agreement Form

1. Before Treatment:

The objective of the ONDAMED treatment is for our patients/clients to be completely free from the addictive patterns of nicotine. Part of the process is for us to provide you with the assurance that this protocol is an effective method in your path to wellness.

As with any smoking cessation protocol, the practitioner must take steps to make sure that the patient/client is ready to be rid of his/her addiction which is why we have the initial interview.

2. Treatment:

Bring a 1 gallon plastic bottle of water which will be used to store energy during therapy. Details will be explained during the initial interview. The treatment lasts about an hour. There are 7 steps during the treatment which include Revitalization, Interference, Polyneuropathy, Addiction, Oxygen Exchange, Detoxification, and Interference. Because your body will be detoxified, you must drink a minimum of 2 liters of water every day for 14 days after treatment. This is to aid the body in elimination of the toxins.

3. After Treatment:

In order to ensure success of the treatment the patient/client must be able to refrain from stimulants that will reverse the treatment.

The patient/client may not ingest Coffee, Tea, Spirits of any kind, caffeinated soda, over the counter or prescription diet pills or chocolate, as these all are stimulants and must not enter the body up to 12 hours after the completion of the treatment. If this rule is not heeded, a subsequent "full" treatment will be required. Remember the key is to keep nicotine away from the body. This includes all nicotine products *iei* gum, patches, or inhalers.

4. Follow up Treatments:

There are a few individuals who may have the need for a follow up treatment. This is not something we can measure or detect in advance however there are signals that your body will send letting you know a follow up treatment is necessary. If you experience any one or more of the following, contact me immediately to schedule a follow up treatment:

Irritability: Agitation • Extreme Mood Swings: Sadness • Problems with Sleeping: Uneasiness

These are the most common signals if they occur...it is not a given that they will. If you experience anything out of the ordinary and are uneasy or experiencing discomfort because of it, understand we certainly can and will help you with it.

This follow up treatment will be free of charge!

Follow up treatments can only be administered as long as nicotine has not been re-introduced into the body. **This does not include second hand smoke. Though second hand smoke is unhealthy, it cannot trigger you into smoking again.**

Follow up treatments are patient-specific and will be administered with opening, revitalizing, and polyneuropathy programs. **Only if you are experiencing the physical urge to smoke will the addiction program be re-administered.**

If you understand the above 4 paragraphs, and are willing to accept Paragraph #3, "After Treatment", please print this page, sign, date below, and bring it with you.

Signature: _____

Date: _____

**With a 90% success rate in Europe (approx 20,000 patients)
this same Smoking Cessation Protocol will turn your life around...
I know... it did mine, and I look forward in helping you just like it helped me!**